

Flipping out - streamlining.
Planting - uprooting.
Breakdowns - breakthroughs.
Light - darkness.
Bonding - boundaries.
Close - far.
Minimalism - extravagance.
Imagined - facts.
Crestfallen - lionhearted.
Uncover - conceal.
Randomly - intentionally.
Real - perceived.
Tiptoeing - flying.

Creating is like having an exploratory watercolor set with endless mixing possibilities. Each one of us is on a commission, out to watercolor the world in exceptional shades and hues. When we come together our brushstrokes may intersect, develop controversial designs or even blend. In any case something new and therefore interesting is born. The urge to create is in my blood. It is deeply linked to a calling for cultivating heart-to-heart connections with people and inviting them to reflect on life together. I have always sensed that I have a mission that goes way beyond dance or even art. We must keep in mind that creating anything is a freedom which also comes with responsibility. Whenever there are humans involved, there are messes, miscommunication, and attempts to mend them. It's a continuous striving, yet an honorable one. Integrity mixed with an open mind and a graceful spirit are, I believe, key to life-giving and constructive communication. Also: learning never ends.

"A glimpse is not a vision. But to a man on a mountain road by night, a glimpse of the next three feet of road may matter more than a vision of the horizon."

C. S. Lewis