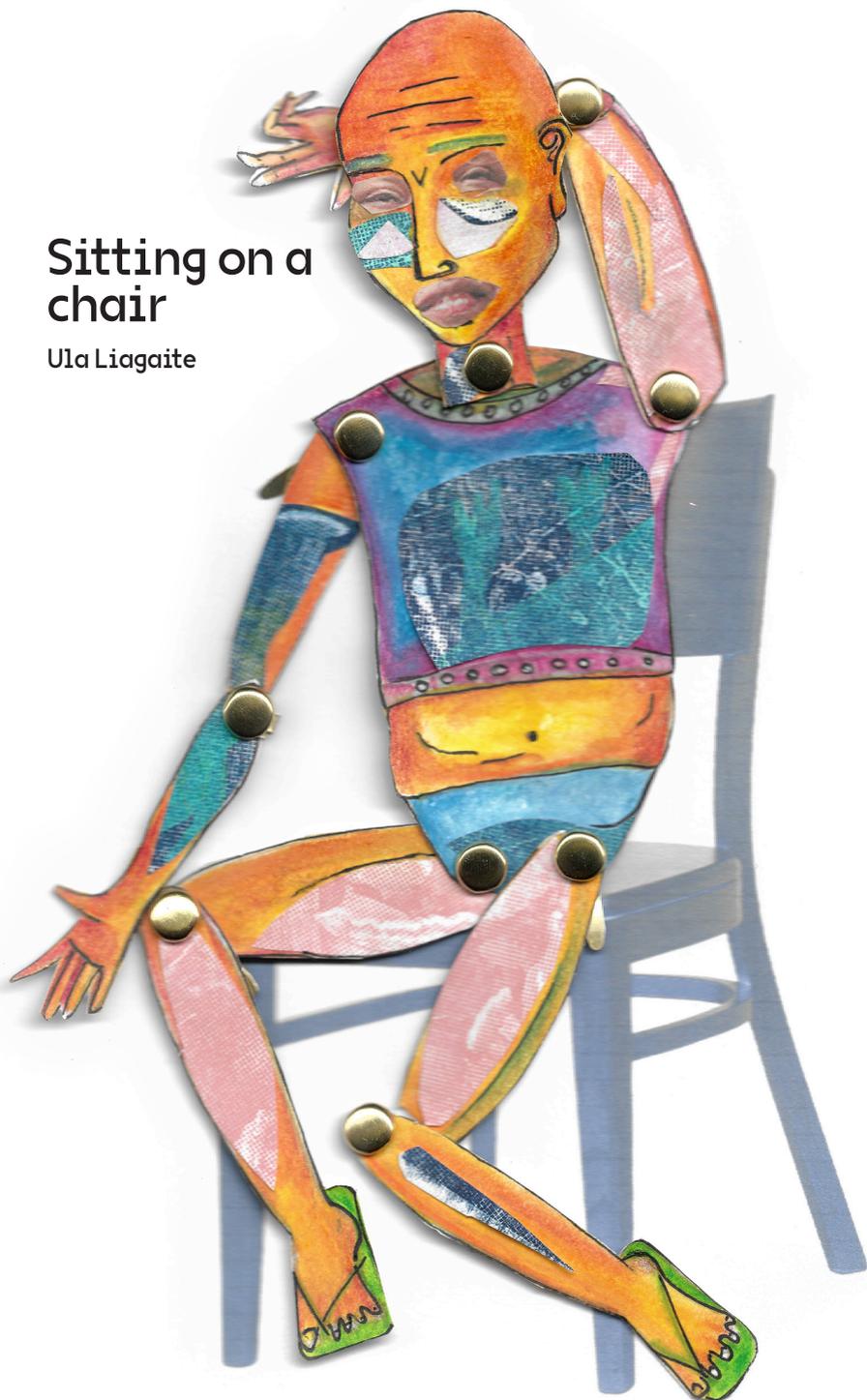


Sitting on a chair

Ula Liagaite



edited by
Cru Encarnação

Motionless, inert, like still life behind a canvas. The surface is flat, indifferently hard, the texture forgettable. Not standing, not standing up now. Instead, I am... immersed in that silent choreography of seeing. Apathy means the world to me, more than I can imagine... I am...

To be approached as a score and read out loud to yourself or someone else, while sitting on a chair. Notice what the repetition does to your body*

* a smart someone once told me that the most courageous and difficult thing to do in life is to sustain an action or practice for a long time

Sitting on a chair and not knowing how to get up
sitting on a chair after having heard bad news.
sitting on a chair, because legs don't hold no more
sitting on a chair and realizing something.



Sitting on chair for a long time
sitting on a chair and listening
sitting on a chair and being told something
sitting on a chair and learning
sitting on a hard chair.



Sitting with your legs crossed
sitting with your legs uncrossed
sitting on a chair and eating
sitting on a chair and watching a movie
sitting on a chair and working on the computer
sitting on a chair and reading a manual



sitting on a seat in a bus

sitting on a seat on an airplane, reserving your seat for
an extra fee (and priority boarding).

sitting on a chair and doing nothing

sitting on a chair that is a set of many the same looking chairs,
inside a building, that also looks like any other
building



sitting on a chair 'just because'
sitting on a chair when not at all tired
sitting on a chair to watch a six hours long theater piece
falling asleep while sitting on a chair, falling asleep and
falling off the chair.



Sitting on a chair because sitting on the ground is bad
sitting on chair because the ground is dirty



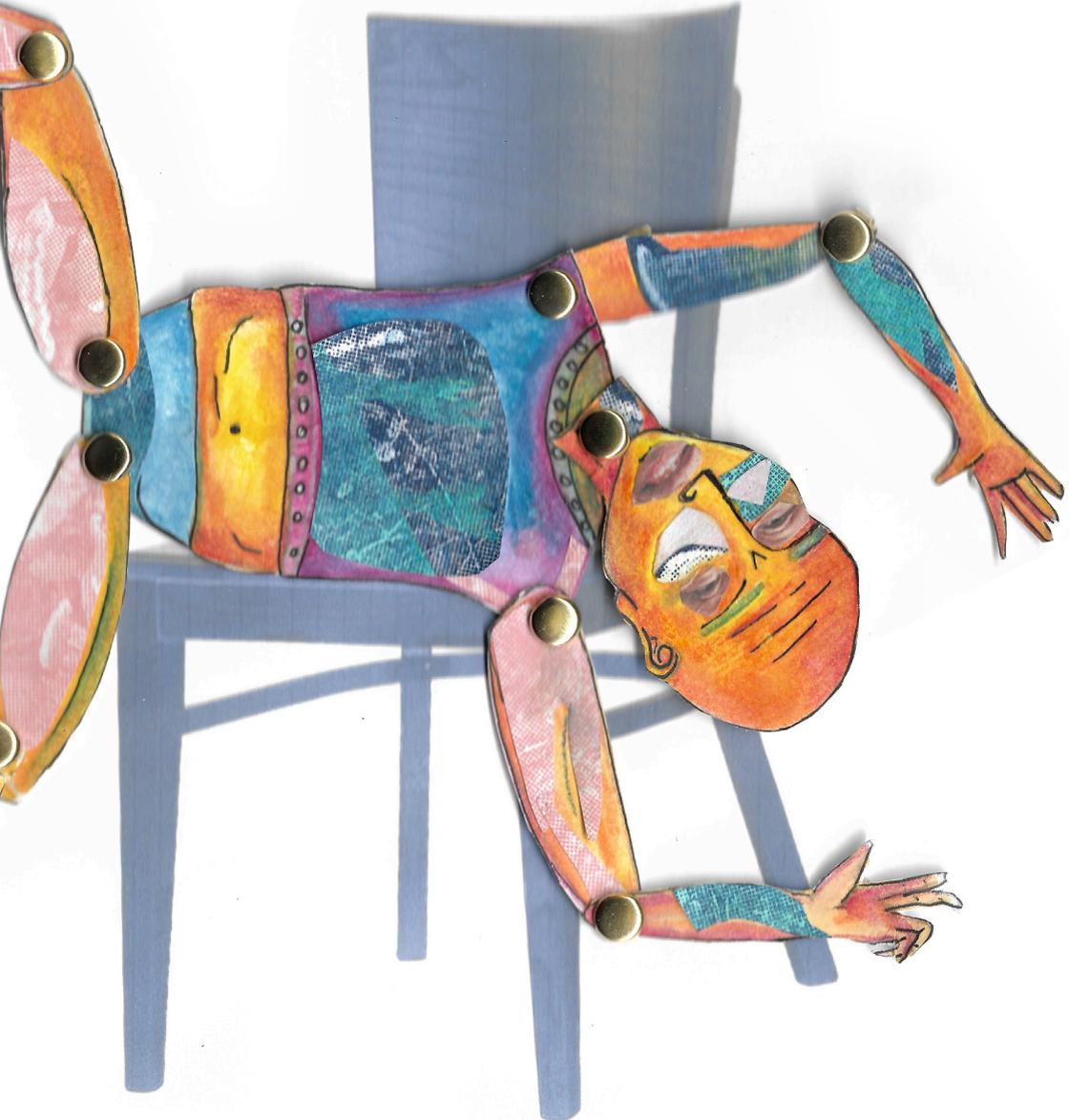
sitting on a chair in clean clothes
sitting on a chair in white clothes
sitting on a white chair
sitting on a chair in church
sitting on a chair in a gallery
sitting on a chair in a museum
sitting in a chair in a university



sitting on a chair and not standing up... for anything
sitting on a chair and seeing your friends siblings
lovers strangers animals neighbours getting hurt
sitting on a chair and witnessing
sitting on a chair anxiously
sitting on a chair guilty
sitting on a chair because it's safe
sitting on a chair because you learnt it well



sitting on a chair that your gran grandfather bought
sitting on a chair and remembering that you did not
meet any of your grandfathers, cause they both died
from alcoholism
sitting on a chair wondering if this is the last time



sitting on a chair because you learnt it well
sitting a chair cause you have a chair to sit on
sitting on a chair made by suffering
sitting on chair and feeling the climate change
sitting on a chair and feeling the crisis
sitting on a chair paralysed by grief
sitting on a chair sick from grief



sitting on chair and making a plan
sitting on a chair somewhere else
sitting on a chair as it gets hot there
sitting on a chair watching people leave here
sitting on a chair being forced to stay
sitting on a chair cause there is no way out.



Sitting on a chair and not feeling pain
sitting on a chair since before being able to walk
being taught to sit on a chair
being good at sitting on a chair
sitting on a chair and pressing buttons
sitting on a chair and thinking about people that press
buttons
sitting on a chair pressing buttons, that change the course of
rivers and universe



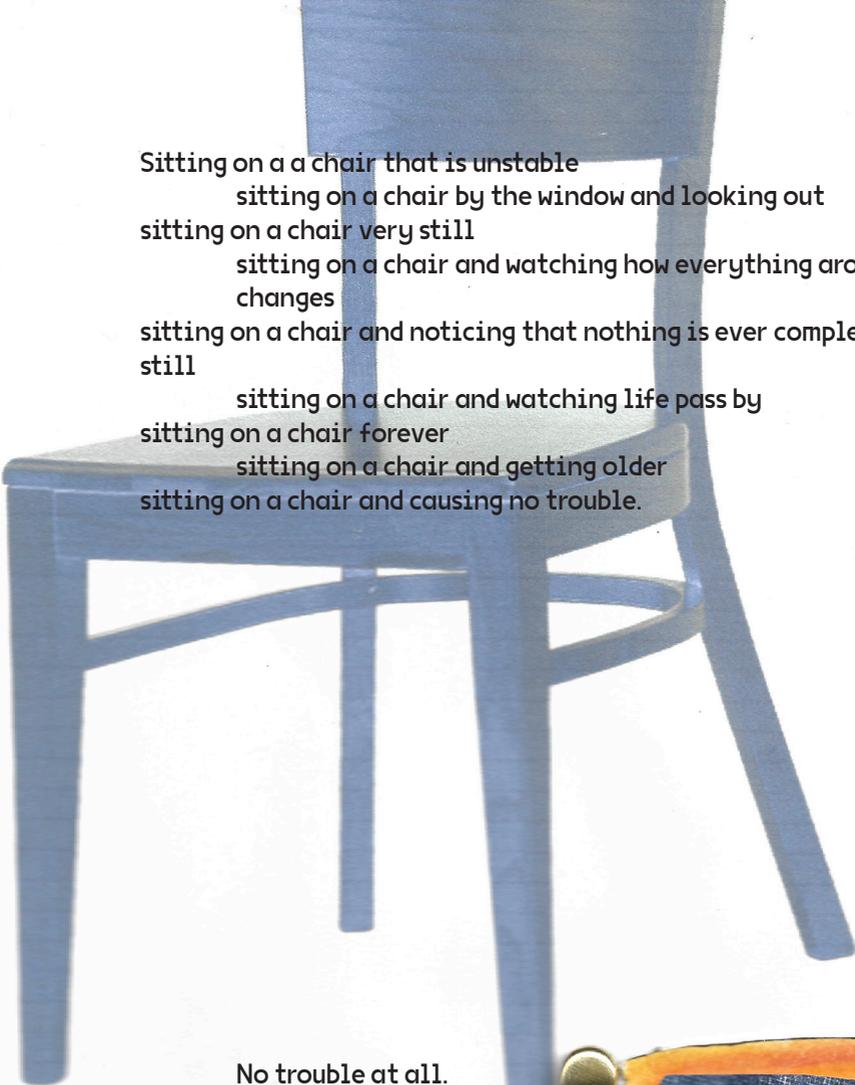
sitting on a chair as an excuse

sitting on a chair and having lots of power on your hands
sitting on the chair while your mind does somersaults and fingers
well...



sitting on a chair and watching someone's mouth
sitting on a chair but very lightly
sitting on a chair and pretending to be reading
sitting on a chair and chewing gum
sitting on a chair that has chewing gum stuck under it by someone
who was sitting on the same chair before
sitting on a chair and never ever again allowing fingers
to wander under the chair sitting on a chair and peeling
potatoes...





Sitting on a a chair that is unstable
sitting on a chair by the window and looking out
sitting on a chair very still
sitting on a chair and watching how everything around
changes
sitting on a chair and noticing that nothing is ever completely
still
sitting on a chair and watching life pass by
sitting on a chair forever
sitting on a chair and getting older
sitting on a chair and causing no trouble.

No trouble at all.

